



We don't do discrimination

Course outline:

We live in a more complex and diverse society where the overall population is growing, we are more ethnically diverse, and we are getting older. New patterns of migration have affected previously homogenous communities. As a result, inequalities exist.

Equality and diversity legislation have gone some way to challenge discrimination and prejudice but the real equality gaps are where actions speak louder than words – printed or otherwise.

No of Participants: 15 - 20

No of days: 1day/ 8 hr day.

Course Overview:

This module offers you the opportunity to consider your perspective in relation to equality and diversity and explore attitudes and behaviours.

- Address social identity and individuality
- Explore the 3 dimensions of equality and diversity
- Identify various aspects of individuality, personal appearance, size, personal likes
- Examining our attitudes to homelessness, being a lone parent, misuse of drugs or alcohol, citizen status, health
- Be clear about the definition of equality and diversity
- Understand how institutional discrimination works
- Explore relevant legal frameworks
- Considered how to challenge discrimination effectively

“What I've got out of today is that I've been thinking far more negatively than I'd realized and I need to stop doing that as of now.”